

Spring 2012 Cape Express Soccer Club Training Schedule, 2/2/12

YOUTH TEAM TRAINING - U8 to U14, Goshen or County Park East

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	FIELD
5:00 - 6:30	U8G Sand Sharks Reimet, Dunbracco	U8B Union Aftanis, S. Myagkov	U9G Comets Burhanna, S. Myagkov	U10G Herrericanes Rulon, Rennie	U9G Comets Burhanna, S. Myagkov	Goshen
	U12B 99's Saioni	U9B United Gilbert, G. Myagkov	U12B 99's Saioni	U11B Silver Streak Vodges, Davis	U9B United Gilbert, G. Myagkov	
	U10G Herrericanes Rulon, Rennie	U9B Force Fiore, Wallace	U8G Sand Sharks Reimet, Dunbracco	U8B Union Aftanis, S. Myagkov	U10B Blackhawks Farrel, Lushok	CPE
	U10B Blackhawks Farrel, Lushok	U11B Silver Streak Vodges, Davis		U9B Force Fiore, Wallace		
6:30 - 8:00	U11G Stingrays Jones, Dunbracco	U14G Bulldogs G. Myagkov	U10B Railhawks Burhanna, Patterson	U13G Shock Wave Davis	U10B Railhawks Burhanna, Patterson	Goshen
	U12G Tidal Wave Wallace		U12G - Tidal Wave Wallace	U14G Bulldogs G. Myagkov		
	U13B Tsunami Lucas	U13G Shock Wave Davis	U13B Tsunami Lucas	U11G Stingrays Jones, Dunbracco		CPE
	U14B Derailers Hickman	U18B Duccilli	U14B Derailers Hickman	U18B Duccilli		

Varsity Team Training - U15 to U18

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	FIELD
6:30 - 8:00	U16B Saioni	U18G Ruttler	U16B Saioni	U18G Ruttler		Goshen

U8 - U18 Training begins week of February 6, 2012
 Keeper Training begins week of February 20, 2012
 Speed & Agility begins week of March 5, 2012
 Middle Caperoos begins week of March 5, 2012
 Lower Caperoos begins week of March 5, 2012

Goshen	County Park East
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